



Earth Medicine Institute

David Bruce Leonard, L.Ac. ~ (808) 937-4218

EarthMedicineInstitute.com

EarthMedicine@protonmail.com

WILD CRAFTER CERTIFICATION INFORMATION PACKET

Any information on these documents is subject to revision

April 14, 2022

ACKNOWLEDGMENTS

This work is possible only through the grace and kindness of my Hawaiian and Chinese teachers:

Auntie Helen 'Ahia Walrath our beloved Kupuna Hulu

Kahu Kawika Ka'alakea

Kaipo Kaneakua

Uncle Bill Kanekoa

Uncle Joe Hamakua

Kumu Dane Kaohelani Silva

Keoki Sousa

Auntie Alice Kuloloio

Auntie Rachel Kanekoa

Auntie Nani Saffrey

Shirfu Zhao Zhen-ping

Shirfu Pang Zhen-neng

Shirfu Feng Chien

Shirfu Liao Yang-tze

Shirfu Lucy Hu

Shirfu John Yeh

Lama Tarchin, Rinpoche

Lama Khardhi

Welcome.

We began the Earth Medicine Institute because we believe in the power of the medicines of the Earth.

We live in a time, and in a world, where everything is fractured. Our minds, families, bodies, medicine, society, and spirits are splintered. Our hearts have been dislodged from the Earth; our species has become dislodged from its mooring. It is time to reunite, to come home, to re-anchor to this planet.

In order to survive we must create psychological and spiritual structures that nourish us, and our Home, in profound ways. We bring together our paradigms under one umbrella of Earth-centered living. We create Earth-centered science, psychology, medicine, spirituality and agriculture. We do this to bring our minds into focus, reunite with our family, rejoin our tribe, heal our bodies and spirits, and create a living viable culture. We do this

to recreate the sacred in our lives.

In our culture we bring our medicine and our spirituality back to our primary needs.

As mammals, our primary needs (in no particular order) are:

Breath
Touch
Movement
Nutritious Food
Clean Water
Warmth
Safety
Bonding
Sex

As humans, our primary needs (in no particular order) are:

Connection to Spirit
Creativity
Confrontation of the Great Mystery
Love
Rites of Passage
Personal and Collective Meaning in our Lives
Emotional Integration
Intellectual Stimulation
Intergenerational Connections

These needs are also our primary medicines. All other medicines follow these.

Our medicines bring us back to Center and help to heal the fractures in our lives. We use them to heal our traumas, our injuries, our families, and our karma. As the Earth Medicine Institute grows, we want to offer more and more classes to help us address these needs as healing modalities.

We want to co-create with you a new medicine, a medicine that uses all the tools that are available to improve our quality of life and that of those we love. Our focus will be plant medicines, but Earth Medicine is not just about plants. Earth Medicine is concerned with the reclamation of the sane core of our humanity and the health of our planet.

If you have something to teach or something to learn, join us.

Let us know what you think... and more importantly what you feel... about this.

Tell others.

Join us.



Earth Medicine Institute

www.EarthMedicineInstitute.com ~ (808) 937-4218

Wild Crafter Certification - Approximately 100 hours

Approximately 70 Hours Class and Herb Walk Time ~ Approximately 30 Hours Student Projects

Program: The EMI Wild Crafter certification is designed as a hands-on introduction to plant medicine and Earth awareness skills. It can be taken as a stand-alone certification or as a prerequisite for the Earth Medicine Institute's advanced training programs.

The Wild Crafter certification is a rewarding and exciting endeavor, but it is hard work and not a path for everyone. If you choose to step onto this path, then *commit* yourself to completing the certification. What you take from these classes will depend in large part on what you put into them.

Attendance: Attendance for all weekend classes is mandatory unless a student opts out of certification. Attendance at field trips is optional.

Admissions: Students are to be chosen as individuals and on merit.

Classes: Classes will consist of a minimum of approximately 50 classroom hours of lecture and intensive hands-on training. Classes will be held one weekend per month, 5-6 hours per day. Each island where the program is offered will have its own separate classes and Coordinator.

Required Texts:

- 1) Medicine at Your Feet by David Bruce Leonard available at class or at local health food stores.
- 2) How To Identify Plants by H. D. Harrington available on Amazon:

<http://www.amazon.com/How-Identify-Plants-H-D-Harrington/dp/0804001499>

Student Projects: Student projects will cover a minimum of 50 hours and are subject to approval. Student projects are mandatory for certification and must be satisfactorily completed prior to certification.

Plant Study: At the core of the EMI Wild Crafter certification is plants. We will study, and you will be responsible to know, in depth, more than 30 Hawaiian plants. We will go over these plants and quiz you on them to help make them your friends.

Exams: Students must pass all quizzes and exams with a grade of 75% or higher in order to become certified.

Auditing: Any student who chooses to audit these classes may do so without becoming certified. While the fees and tuition remain the same, the auditing student is then no longer required to attend class, take quizzes or exams, or complete a student project.

Student Guests: Each enrolled student may bring one guest to one day of class per certification. The guest must sign a waiver. Please contact your EMI Coordinator ahead of time, giving her the name of the guest and the class that he/she will be attending.

Guest Lecturers

While we do our best to provide all the guest instructors and topics presented in this outline, we reserve the right to change instructors and/or topics without notice.

Field Trips: Field trips are optional and held at the discretion of the instructors. Field trips are included in the price of tuition and will be scheduled the Friday before or the Monday after our weekend class. You must notify the Coordinator ahead of time if you plan on attending a field trip. You must be in good physical condition to go on field trips. Travel costs to and from field trips are not included in tuition. We retain the right to deny field trip participation to any student for any reason and without warning. Do not bring minors to field trips without prior permission.

Location: Class and plant walk locations TBA

Cost: The cost of the Earth Medicine Institute 100 Hour Wild Crafter Certification is \$995 plus tax, textbooks and materials. Pre-approved discounts may apply.

Wild Crafter Certification General Class Format

Oli (Chant), Pule (Prayer), Qigong (Breathing)

Check In & Accountability

Students Review

Morning Material

Stillpoint

Lunch

Afternoon Material

Plant Studies

Check out & Stretch, Pule (Prayer), Hawai'i Aloha (Song)

Wild Crafter Certification General Class Outline

Your classes may have different dates, sequences, and topics.

Any information on these documents is subject to revision

Date	Class
Class 1 Saturday May 07, 2022	Morning ~ 10 am - 1 pm • Introduction ~ Policies • Plant Anatomy • Nomenclature & Clinical Herbalism Afternoon ~ 2 pm - 5 pm • Dosages • Plant Families • Medical Terminology
Class 2 Sunday May 08, 2022	Morning ~ 10 am - 1 pm • Plant Studies • Ways to Ingest Plant Medicines • Gathering Physiology • Gathering Protocols Afternoon ~ 2 pm - 5 pm • Gathering Bundle • Offering Platter
Optional Field Trip Monday May 09, 2022	Plant Walk
-----	-----

Optional Field Trip Friday May 27, 2022	Plant Walk
Class 3 Saturday May 28, 2022	Morning ~ 10 am - 1 pm <ul style="list-style-type: none"> • Quiz • Plant Studies • Inflammation Afternoon ~ 2 pm - 5 pm <ul style="list-style-type: none"> • Injury / First Aid Theory • Lungs, Sweat, Colds, Flu
Class 4 Sunday May 29, 2022	Morning ~ 10 am - 1 pm <ul style="list-style-type: none"> • Plant Studies • Topical Uses of Plants • Medicine Making Poultices • Possible Guest Instructor: Medicine Afternoon ~ <ul style="list-style-type: none"> • Medicine Making Oils & Salves
Optional Field Trip Monday May 30, 2022	Plant Walk
<p>-----</p>	<p>-----</p>
Optional Field Trip Friday June 17, 2022	Plant Walk
Class 5 Saturday June 18, 2022	Morning ~ 10 am - 1 pm <ul style="list-style-type: none"> • Quiz • Lungs / Immune / Tonification Afternoon ~ 2 pm - 5 pm <ul style="list-style-type: none"> • Possible Guest Instructor: Breath • Herbal Cosmetics • Plant Studies
Class 6 Sunday June 19, 2022	Morning ~ 10 am - 1 pm <ul style="list-style-type: none"> • Possible Guest Instructor • Infections Afternoon ~ 2 pm - 5 pm <ul style="list-style-type: none"> • Medicine Making Tinctures • Plant Studies

Optional Field Trip Monday June 20, 2021	Plant Walk
<hr/>	<hr/>
Optional Field Trip Friday July 08, 2022	Plant Walk
Class 7 Saturday July 09, 2022	Morning ~ 10 am - 1 pm <ul style="list-style-type: none"> • Midterm Exam • Bodywork • Gua Sha • Calming Herbs • Medicine Making Pills Afternoon ~ 2 pm - 5 pm <ul style="list-style-type: none"> • Possible Guest Instructor • Formula Design <ul style="list-style-type: none"> • Plant Studies
Class 8 Sunday July 10, 2022	Morning ~ 10 am - 1 pm <ul style="list-style-type: none"> • Food Medicine & Wild Edibles • Toxicity • Seeing the World with Your Tongue • Spice Rack Herbs Afternoon ~ 2 pm - 5 pm <ul style="list-style-type: none"> • Introduction to Daoism and Chinese medicine • Possible Guest Instructor: Food • Plant Studies
Optional Field Trip Monday July 11, 2022	Plant Walk
<hr/>	<hr/>
Class 9 Saturday July 30, 2022	Morning ~ 10 am - 1 pm <ul style="list-style-type: none"> • Student Project Presentations Afternoon ~ 2 pm - 5 pm <ul style="list-style-type: none"> • Exam Review

Class 10 Sunday July 31, 2022	Morning ~ 10 am - 1 pm • Exams Afternoon ~ 2 pm - 5 pm • Graduation, Open House, and Presentations
--	---

WILD CRAFTER PLANT LIST

- Ageratum conyzoides (maile hohono) herb *
- Aleurites moluccana (kukui) herb
- Aloe vera (aloi / lu hui) gel, sap
- Bidens pilosa (kīnehi / xian feng cao) herb
- Capsicum frutescenes (nīoi) fruit
- Cecropia obtusifolia (guarumo) leaf (BI ONLY) *
- Centella asiatica (pohe kula / gotu kola) herb
- Coix lachryma jobi (pū'ohe'ohe / jobs tears)
- Commelina spp. (honohono / ya zhi cao) herb
- Cordyline suffruticosa (la'i / ti) herb
- Curcuma longa ('ōlena / tumeric / jiang huang) rhizome, tuber
- Cymbopogon citratus (wāpine / lemongrass) herb
- Desmodium spp. (puapilipili) leaves
- Hibiscus rosa-sinensis (aloalo) flower
- Hibiscus tiliaceus (hau) flower, inner bark *
- Mimosa pudica (hilahila / sleeping grass) BOIL
- Morinda citrifolia (noni) leaf, fruit, root
- Musa paradisiaca (mai'a / banana) root, sap
- Oxalis corniculata ('ihi mākole, 'ihi `ai)
- Oxalis martianna ('ihi pehu)
- Pandanus tectorius (hala) aerial root fruit pollen
- Persicaria capitata (shi mang cao) *
- Piper methysticum ('awa / kava kava)
- Pipturus spp. (māmaki)
- Plantago lanceolata (laukahi / che qian cao) herb
- Plantago major (laukahi / che qian cao) herb

Portulaca oleracea ('ākulikuli) herb *

Psidium guajava (kuava / guava) *

Ricinus communis (koli) TOPICAL ONLY *

Solanum americanum (pōpolo) leaf, fruit SOME TOXICITY

Trametes versicolor (yun zi / turkey tail) herb

Usnea spp. ('umi koa)

Waltheria indica ('uhaloa) herb

Zingiber officinale ('awapuhi pākē / ginger) fresh rhizome

* These plants are not in *Medicine at Your Feet: Healing Plants of the Hawaiian Kingdom*.

Student Projects

Student projects should be designed to facilitate curiosity, generate knowledge, and contribute to the general well being of the community. Projects should take a minimum of 30 hours to complete.

Students will give a 15-minute presentation of their project on the last weekend of the certification. Students will not be certified until they have completed and presented their project and had it approved.

Ideas for Student Projects

Plant Press / Plant Notebook

Design a Plant Based Product

Garden

Research ~

A Plant

Biology

Psychology

Environmentalism

Permaculture

Food as Medicine

Traditional Medicines

Hawaiian, Chinese, or another Culture

Do a species inventory of an area and research the plants and their uses.