Welcome.

We began the Earth Medicine Institute because we believe in the power of the medicines of the Earth.

We live in a time, and in a world, where everything is fractured. Our minds, families, bodies, medicine, society, and spirits are splintered. Our hearts have been dislodged from the Earth; our species has become dislodged from its mooring. It is time to reunite, to come home, to re-anchor to this planet.

In order to survive we must create psychological and spiritual structures that nourish us, and our Home, in
profound ways. We bring together our paradigms under one umbrella of Earth-centered living. We create Earth-centered science, psychology, medicine, spirituality and agriculture. We do this to bring our minds into focus, reunite with our family, reconnect with our tribe, heal our bodies and spirits, and create a living viable culture. We do this to recreate the sacred in our lives.

In our culture we bring our medicine and our spirituality back to our primary needs.

As mammals, our primary needs (in no particular order) are:
- Breath
- Touch
- Movement
- Nutritious Food
- Clean Water
- Warmth
- Safety
- Bonding
- Sex

As humans, our primary needs (in no particular order) are:
- Connection to Spirit
- Creativity
- Confrontation of the Great Mystery
- Love
- Rites of Passage
- Personal and Collective Meaning in our Lives
- Emotional Integration
- Intellectual Stimulation

These needs are also our primary medicines. All other medicines follow these.

Our medicines bring us back to Center and help to heal the fractures in our lives. We use them to heal our traumas, our injuries, our families, and our karma. As the Earth Medicine Institute grows, we want to offer more and more classes to help us address these needs as healing modalities.

We want to co-create with you a new medicine, a medicine that uses all the tools that are available to improve our quality of life and that of those we love. Our focus will be plant medicines, but Earth Medicine is not just about plants. Earth Medicine is concerned with the reclamation of the sane core of our humanity and the health of our planet.

If you have something to teach or something to learn, join us.

Let us know what you think... and more importantly what you feel... about this.

Tell others.

Join us.
Program: The EMI Plant Medicine Immersion is designed as a hands-on introduction to plant medicine and Earth awareness skills.

The Immersion is a rewarding and exciting endeavor, but what you take from these classes will depend in large part on what you put into them.

Attendance: Attendance for all weekend classes is optional, but we do not give any refund for unattended classes or field trips.

Admissions: Students are to be chosen as individuals and on merit.

Classes: Classes will consist of a minimum of 36 classroom hours of lecture and intensive hands-on training. Classes will be held 6 hours per day for three consecutive weekends. Each island where the program is offered will have its own separate classes and Coordinator.

Required Texts:
1) Medicine at Your Feet by David Bruce Leonard available at class or at local health food stores.

Plant Study: At the core of the EMI Plant Medicine Immersion is plants. We will study more than 20 Hawaiian plants. We will go over these plants and quiz you on them to help make them your friends.

Guests: Each enrolled student may bring one guest to one day of class per certification. The guest must sign a waiver. Please contact your EMI Coordinator ahead of time, giving her the name of the guest and the class that he/she will be attending.

Field Trips: Field trips are optional and held at the discretion of the instructors. Field trips are included in the price of tuition and will be scheduled the Friday before or the Monday after our weekend class. You must the Coordinator ahead of time if you plan on attending a field trip. You must be in good physical condition to go on field trips. Travel costs to and from field trips are not included in tuition. We retain the right to deny field trip participation to any student for any reason and without warning. Do not bring minors to field trips without prior permission.

Location & Cost: Location TBA. The cost of the Earth Medicine Institute 2019 Plant Medicine Immersion is $899 plus tax, textbooks and materials. Pre-approved discounts may apply.
Wild Crafter Certification General Class Format

Oli (Chant), Pule (Prayer), Optional Qigong (Breathing)
Check In & Accountability
Students Review

Morning Material
Stillpoint
Lunch

Afternoon Material
Plant Studies
Check out & Pule (Prayer), Hawai'i Aloha (Song)

POTENTIAL PLANT IMMERSION LIST

Ageratum conyzoides (maile hohono) herb *
Aleurites moluccana (kukui) herb
Aloe vera (aloi / lu hui) gel, sap
Bidens pilosa (kînehi / xian feng cao) herb
Capsicum frutescenes (nîoi) fruit
Cecropia obtusifolia (guarumo) leaf (BI ONLY) *
Centella asiatica (pohe kula / gotu kola) herb
Coix lachryma jobi (pû'ohe'ohe / jobs tears)
Commelina spp. (honohono / ya zhi cao) herb
Cordyline suffruticosa (la'i / ti) herb
Curcuma longa ('ölena / tumeric / jiang huang) rhizome, tuber
Cymbopogon citratus (wäpine / lemongrass) herb
Desmodium spp. (puapilipili) leaves
Hibiscus rosa-sinensis (aloalo) flower
Hibiscus tiliaceus (hau) flower, inner bark *
Mimosa pudica (hilahila / sleeping grass) BOIL
Morinda citrifolia (noni) leaf, fruit, root
Musa paradisica (mai'a / banana) root, sap
Oxalis corniculata ('ihi mäkole, 'ihi `ai)
Oxalis martianna ('ihi pehu)
Pandanus tectorius (hala) aerial root fruit pollen
Persicaria capitata (shi mang cao) *
Piper methysticum (‘awa / kava kava)
Pipturus spp. (mâmaki)
Plantago lanceolata (laukahi / che qian cao) herb
Plantago major (laukahi / che qian cao) herb
Portulaca oleracea (ʻākulikuli) herb *
Psidium guajava (kuava / guava) *
Ricinus communis (koli) TOPICAL ONLY *
Solanum americanum (pōpolo) leaf, fruit SOME TOXICITY
Trametes versicolor (yun zi / turkey tail) herb
Usnea spp. (ʻumi koa)
Waltheria indica (ʻuhaloa) herb
Zingiber officinale (ʻawapuhi pākē / ginger) fresh rhizome

* These plants are not in Medicine at Your Feet: Healing Plants of the Hawaiian Kingdom.