



Earth Medicine Institute

David Bruce Leonard, L.Ac. ~ (808) 937-4218

EarthMedicineInstitute.com

david@davidbruceleonard.com

Coordinator on Maui ~ Dr. Neta Caspi (831) 345-0484 DrNetaCaspi@gmail.com

WILD CRAFTER CERTIFICATION INFORMATION PACKET

Any information on these documents is subject to revision

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ACKNOWLEDGMENTS

This work is possible only through the grace and kindness of my Hawaiian and Chinese teachers:

Auntie Helen 'Ahia Walrath our beloved Kupuna Hulu

Kahu Kawika Ka'alakea

Kaipo Kaneakua

Uncle Bill Kanekoa

Uncle Joe Hamakua

Kumu Dane Kaohelani Silva

Keoki Sousa

Auntie Alice Kuloloio

Auntie Rachel Kanekoa

Auntie Nani Saffrey

Shirfu Zhao Zhen-ping

Shirfu Pang Zhen-neng

Shirfu Feng Chien

Shirfu Liao Yang-tze

Shirfu Lucy Hu

Shirfu John Yeh

Lama Tarchin, Rinpoche

Lama Khardhi

Welcome.

We began the Earth Medicine Institute because we believe in the power of the medicines of the Earth.

We live in a time, and in a world, where everything is fractured. Our minds, families, bodies, medicine, society, and spirits are splintered. Our hearts have been dislodged from the Earth; our species has become dislodged from its mooring. It is time to reunite, to come home, to re-anchor to this planet.

In order to survive we must create psychological and spiritual structures that nourish us, and our Home, in

profound ways. We bring together our paradigms under one umbrella of Earth-centered living. We create Earth-centered science, psychology, medicine, spirituality and agriculture. We do this to bring our minds into focus, reunite with our family, rejoin our tribe, heal our bodies and spirits, and create a living viable culture. We do this to recreate the sacred in our lives.

In our culture we bring our medicine and our spirituality back to our primary needs.

As mammals, our primary needs (in no particular order) are:

Breath

Touch

Movement

Nutritious Food

Clean Water

Warmth

Safety

Bonding

Sex

As humans, our primary needs (in no particular order) are:

Connection to Spirit

Creativity

Confrontation of the Great Mystery

Love

Rites of Passage

Personal and Collective Meaning in our Lives

Emotional Integration

Intellectual Stimulation

These needs are also our primary medicines. All other medicines follow these.

Our medicines bring us back to Center and help to heal the fractures in our lives. We use them to heal our traumas, our injuries, our families, and our karma. As the Earth Medicine Institute grows, we want to offer more and more classes to help us address these needs as healing modalities.

We want to co-create with you a new medicine, a medicine that uses all the tools that are available to improve our quality of life and that of those we love. Our focus will be plant medicines, but Earth Medicine is not just about plants. Earth Medicine is concerned with the reclamation of the sane core of our humanity and the health of our planet.

If you have something to teach or something to learn, join us.

Let us know what you think... and more importantly what you feel... about this.

Tell others.

Join us.



Earth Medicine Institute

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Wild Crafter Certification - 100 hours 50 Hours Class Time ~ 50 Hours Student Projects and Journaling

Program: The EMI Wild Crafter certification is designed as a hands-on introduction to plant medicine and Earth awareness skills. It can be taken as a stand-alone certification or as a prerequisite for the Earth Medicine Institute's advanced training programs.

The Wild Crafter certification is a rewarding and exciting endeavor, but it is hard work and not a path for everyone. If you choose to step onto this path, then *commit* yourself to completing the certification. What you take from these classes will depend in large part on what you put into them.

Attendance: Attendance for all weekend classes is mandatory unless a student opts out of certification. Attendance at field trips is optional.

Admissions: Students are to be chosen as individuals and on merit.

Classes: Classes will consist of a minimum of 50 classroom hours of lecture and intensive hands-on training. Classes will be held one weekend per month, 5-6 hours per day for five months. Each island where the program is offered will have its own separate classes and Coordinator.

Required Texts:

- 1) *Medicine at Your Feet* by David Bruce Leonard available at class or at local health food stores.
- 2) *How To Identify Plants* by H. D. Harrington available on Amazon:

<http://www.amazon.com/How-Identify-Plants-H-D-Harrington/dp/0804001499>

Student Projects: Student projects will cover a minimum of 30 hours and are subject to approval. Student projects are mandatory for certification and must be satisfactorily completed prior to certification.

Journaling: Journaling is comprised of 4 hours per month for 5 months for a total of 20 hours. Journaling must be satisfactorily completed prior to certification.

Plant Study: At the core of the EMI Wild Crafter certification is plants. We will study, and you will be responsible to know in depth, more than 30 Hawaiian plants. We will go over these plants and quiz you on them to help make them your friends.

Exams: Students must pass all quizzes and exams with a grade of 75% or higher in order to become certified.

Auditing: Any student who chooses to audit these classes may do so without becoming certified. While the fees and tuition remain the same, the auditing student is then no longer required to attend class, take quizzes or exams, journal, or complete a student project.

Guests: Each enrolled student may bring one guest to one day of class per certification. The guest must sign a waiver. Please contact your EMI Coordinator ahead of time, giving her the name of the guest and the class that he/she will be attending.

Field Trips: Field trips are optional and held at the discretion of the instructors. Field trips are included in the price of tuition and will be scheduled the Friday before or the Monday after our weekend class. You must the Coordinator ahead of time if you plan on attending a field trip. You must be in good physical condition to go on field trips. Travel costs to and from field trips are not included in tuition. We retain the right to deny field trip participation to any student for any reason and without warning. Do not bring minors to field trips without prior permission.

Location: Classes will be held at Fairy Land Farm and Forest LLC at 276 Kealakapu Road Kula HI 96790 who is generously providing us with a venue without receiving compensation.

Cost: The cost of the Earth Medicine Institute 100 Hour Wild Crafter Certification is \$1295 plus tax, textbooks and materials. Pre-approved discounts may apply.

Wild Crafter Certification General Class Format

Oli (Chant), Pule (Prayer), Qigong (Breathing)

Check In & Accountability

Students Review

Morning Material

Stillpoint

Lunch

Afternoon Material

Plant Studies

Check out & Stretch, Pule (Prayer), Hawai'i Aloha (Song)

Wild Crafter Certification General Class Outline

Your classes may have different dates, sequences, and topics.

Any information on these documents is subject to revision

Date	Class
Class 1 Saturday Mar 17, 2018	Morning ~ 10 am - 1 pm • Introduction ~ Policies • Plant Anatomy • Nomenclature & Clinical Herbalism Afternoon ~ 2 pm - 5 pm • Dosages • Plant Families • Medical Terminology
Class 2 Sunday Mar 18, 2018	Morning ~ 10 am - 1 pm • Plant Studies • Ways to Ingest Plant Medicines • Gathering Physiology • Gathering Protocols Afternoon ~ 2 pm - 5 pm • Gathering Bundle • Offering Platter
Optional Field Trip Monday Mar 19, 2018	Plant Walk
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Optional Field Trip Friday Apr 06, 2018	Plant Walk
Class 3 Saturday Apr 07, 2018	Morning ~ 10 am - 1 pm <ul style="list-style-type: none"> • Quiz • Plant Studies • Inflammation Afternoon ~ 2 pm - 5 pm <ul style="list-style-type: none"> • Injury / First Aid Theory • Lungs, Sweat, Colds, Flu
Class 4 Sunday Apr 08, 2018	Morning ~ 10 am - 1 pm <ul style="list-style-type: none"> • Plant Studies • Topical Uses of Plants • Medicine Making Poultices • Possible Guest Instructor: Medicine Afternoon ~ <ul style="list-style-type: none"> • Medicine Making Oils & Salves
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Optional Field Trip Friday Apr 27, 2018	Plant Walk
Class 5 Saturday Apr 28, 2018	Morning ~ 10 am - 1 pm <ul style="list-style-type: none"> • Quiz • Lungs / Immune / Tonification Afternoon ~ 2 pm - 5 pm <ul style="list-style-type: none"> • Possible Guest Instructor: Breath • Herbal Cosmetics • Plant Studies
Class 6 Sunday Apr 29, 2018	Morning ~ 10 am - 1 pm <ul style="list-style-type: none"> • Possible Guest Instructor • Infections Afternoon ~ 2 pm - 5 pm <ul style="list-style-type: none"> • Medicine Making Tinctures • Plant Studies
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Optional Field Trip Friday May 18, 2018	Plant Walk

<p>Class 7 Saturday May 19, 2018</p>	<p>Morning ~ 10 am - 1 pm</p> <ul style="list-style-type: none"> • Midterm Exam • Bodywork • Gua Sha • Calming Herbs • Medicine Making Pills <p>Afternoon ~ 2 pm - 5 pm</p> <ul style="list-style-type: none"> • Possible Guest Instructor • Formula Design <p>• Plant Studies</p>
<p>Class 8 Sunday May 20, 2018</p>	<p>Morning ~ 10 am - 1 pm</p> <ul style="list-style-type: none"> • Food Medicine & Wild Edibles • Toxicity • Seeing the World with Your Tongue • Spice Rack Herbs <p>Afternoon ~ 2 pm - 5 pm</p> <ul style="list-style-type: none"> • Introduction to Daoism and Chinese medicine • Possible Guest Instructor: Food • Plant Studies
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<p>Class 9 Saturday June 09, 2018</p>	<p>Morning ~ 10 am - 1 pm</p> <ul style="list-style-type: none"> • Student Project Presentations <p>Afternoon ~ 2 pm - 5 pm</p> <ul style="list-style-type: none"> • Exam Review
<p>Class 10 Sunday June 10, 2018</p>	<p>Morning ~ 10 am - 1 pm</p> <ul style="list-style-type: none"> • Exams <p>Afternoon ~ 2 pm - 5 pm</p> <ul style="list-style-type: none"> • Graduation, Open House, and Presentations

WILD CRAFTER PLANT LIST

Ageratum conyzoides (maile hohonono) herb *

Aleurites moluccana (kukui) herb

Aloe vera (aloi / lu hui) gel, sap

Bidens pilosa (kīnehi / xian feng cao) herb

Capsicum frutescenes (nīoi) fruit

Cecropia obtusifolia (guarumo) leaf (BI ONLY) *

Centella asiatica (pohe kula / gotu kola) herb

Coix lachryma jobi (pū'ohe'ohe / jobs tears)

Commelina spp. (hohonono / ya zhi cao) herb

Cordyline suffruticosa (la'i / ti) herb

Curcuma longa ('ōlena / tumeric / jiang huang) rhizome, tuber

Cymbopogon citratus (wāpine / lemongrass) herb

Desmodium spp. (puapilipili) leaves

Hibiscus rosa-sinensis (aloalo) flower

Hibiscus tiliaceus (hau) flower, inner bark *

Mimosa pudica (hilahila / sleeping grass) BOIL

Morinda citrifolia (noni) leaf, fruit, root

Musa paradisiaca (mai'a / banana) root, sap

Oxalis corniculata ('ihi mākole, 'ihi `ai)

Oxalis martianna ('ihi pehu)

Pandanus tectorius (hala) aerial root fruit pollen

Persicaria capitata (shi mang cao) *

Piper methysticum ('awa / kava kava)

Pipturus spp. (māmaki)

Plantago lanceolata (laukahi / che qian cao) herb

Plantago major (laukahi / che qian cao) herb

Portulaca oleracea ('ākulikuli) herb *

Psidium guajava (kuava / guava) *

Ricinus communis (koli) TOPICAL ONLY *

Solanum americanum (pōpolo) leaf, fruit SOME TOXICITY

Trametes versicolor (yun zi / turkey tail) herb

Usnea spp. ('umi koa)

Waltheria indica ('uhaloa) herb

Zingiber officinale ('awapuhi pākē / ginger) fresh rhizome

* These plants are not in *Medicine at Your Feet: Healing Plants of the Hawaiian Kingdom*.

Student Projects

Student projects should be designed to facilitate curiosity, generate knowledge, and contribute to the general well being of the community. Projects should take a minimum of 30 hours to complete.

Students will give a 15-minute presentation of their project on the last weekend of the certification. Students will not be certified until they have completed and presented their project and had it approved.

Ideas for Student Projects

Plant Press / Plant Notebook

Design a Plant Based Product

Garden

Research ~

- A Plant

- Biology

- Psychology

- Environmentalism

- Permaculture

- Food as Medicine

- Traditional Medicines

- Hawaiian, Chinese, or another Culture

Do a species inventory of an area and research the plants and their uses

Expand Your Journal